



# Greater Boston Community Resource Guide Families with Young Children

## Jewish Community Organizations

- The [JCC of Greater Boston](#) organizes events, programs, and activities that help families connect with the Jewish community and bring Jewish life into their own homes
- [Combined Jewish Philanthropies \(CJP\)](#) connects Greater Boston's Jewish people to each other and to Israel, summer camps, and to learning opportunities and volunteer and service projects
- [PJ Library](#) delivers free, high-quality Jewish children's books or music monthly to families with children ages six months through six years old
- [Welcome Baby](#) connects you and your baby to the Boston Jewish community with a visit, a gift tote, and community resource referrals
- [JCCNS \(JCC North Shore\)](#) offers a weekly JBaby group on Wednesdays and other family programs
- [North Suburban JCC \(NSJCC\)](#)
- [Gateways: Access to Jewish Education](#) provides Jewish learning programs for students of all abilities and with a wide range of learning needs
- [IAC New England](#) provides a range of innovative programming to engage and build community for Israeli-Americans and the Jewish community
- [Jewish Family & Children's Service \(JF&CS\) Center for Early Relationship Support](#) provides direct services, training, and consultations that focus on the earliest infant-parent relationship
- [Jewish Arts Collaborative](#) offers events and workshops on Jewish arts and culture
- [JewishBoston.com](#) gathers recipes, blogs, DIY projects, family friendly events, community directory, and has a weekly "Plus Kids" newsletter for families with young children
- [Keshet](#) works for full LGBTQ equality and inclusion in Jewish life
- [Ma'yan Tikvah/Outdoor Judaism](#) is a community that celebrates the profound connection between Judaism, nature, and social justice.

## Interfaith Family Resources

- [18Doors](#) posts blogs and e-newsletters, provides referrals, and offers activities for interfaith families
- [Union for Reform Judaism \(URJ\)](#) offers classes and workshops in partnership with area Reform synagogues for couples and individuals in interfaith relationships who want to explore or learn more about Judaism

## New Parent Education Resources

- [Brazelton Touchpoints](#)
- [Children's Trust MA](#)
- [Center on the Developing Child - Harvard](#)
- [Guiding Hands by Beth](#) (infant massage)
- [North Suburban Child and Family Resource Network](#)

## Specialists

- [BabyCafe](#) – Breastfeeding support
- [Coral Care](#) - Matching service for specialists
- [Dr Heidi Besse](#) - Perinatal psychologist
- [LaLecheLeague](#) – Breastfeeding support
- [Nursing Mothers Council](#) – Breastfeeding support
- [Table Talk](#) – Feeding and speech therapy
- [Janel Funk Nutrition & Wellness](#) - Registered dietician

## New Parent Support

- [4th Trimester New Moms Group](#) – Arlington
- [Beehive Moms](#) – Arlington
- [Boston Birth Village](#) – Newton
- [Bumps, Babies & Beyond - Needham](#)
- [Camberville Mama & Baby Group](#) - Inman Square
- [Emotions in Motion](#) - Natick
- [First Connections](#) - Acton
- [Gather Well by Dawn](#) - Needham
- [JF&CS New Parent Support groups](#) – various locations
- [Marblehead Parenting & Tot Club](#) – Marblehead
- [Mindful Mommies](#) - Newton
- [Mount Auburn Postpartum Support Group](#) - Waltham
- [NAPS Newborn & Parenting Support](#) - Boston
- [New Family Needs](#) - Needham
- [Stork Ready](#) – Reading
- [The Loved Child](#) – Belmont

## Pre and Postnatal Health

- [Connections Physical Therapy](#) - Medfield
- [Mom Life Health](#)
- [New Mom Health](#)
- [Sisu Boston](#) - Brookline

## Social Services

- [CJP Mental Health Resources](#) is a no-cost, virtual program to support your mental health
- [CJP Warmline](#) connects callers with one confidential phone call to multiple Jewish social service agencies, including those that address immediate needs like food, heat, employment, and housing
- [Coral Care](#) connects families with pediatric specialists for in-person and at-home care
- [Jewish Family & Children's Service \(JF&CS\)](#) provides a broad range of services for families, seniors, people with disabilities, and people in need
- [Jewish Vocational Service](#) helps individuals find employment and build careers
- [Northeast Arc](#) - Early Intervention, Autism & Specialty ABA Support and more
- [Aspire Developmental](#) - Early Intervention
- [WIC \(Women, Infants & Children Nutrition Program\)](#) - WIC is a nutrition program that provides healthy foods, nutrition education, breastfeeding support, and referrals to healthcare and other services, free of charge, to Massachusetts families who qualify.

## Volunteer Opportunities

- [CJP Hineni](#)
- [Friendship Circle of Sharon](#)
- [JF&CS Volunteer Opportunities](#)

## Adult Learning

- CJP and [Hebrew College](#) offer options for every adult learner:
  - [Me'ah](#) - A two-year in-depth curriculum that provides understanding and insight into Jewish texts, thought, history, and culture with master teachers
  - [Open Circle Jewish Learning](#) - Jewish learning when you want it, at your pace, and on topics you want to learn about
- [Jewbelong](#)

## Grandparents

- [Jewish Grandparents Network](#) explores new ways for grandparents to play joyful and meaningful roles in our families, to cherish our time together, and to share our Jewish stories, heritage, and traditions.
- [JF&CS Grandparents Support Group](#) - bimonthly support group for new grandparents