



JCC Greater
Boston

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Symbols of Havdalah

Havdalah (separation) is a beautiful ceremony that takes place once three stars appear in the sky at the end of Shabbat, the day of rest. Havdalah uses your senses to mark the end of Shabbat and welcome in a new week.

Traditional Symbols Include:

Spice Box

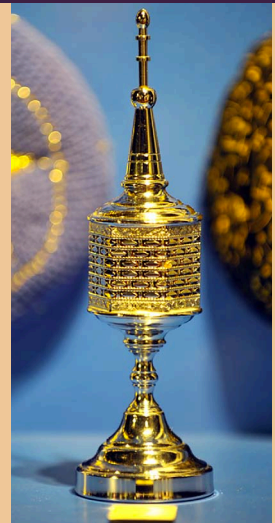
Sweet spices are sniffed to carry the sweetness of Shabbat into the week and to wake us gently to our earthly responsibilities.

Braided Candle

Lighting the candle is the first fire of the new week, a sign that the time to begin creating again has arrived. The braids can be interpreted as the many types of Jews in the world, unified as one people.

Wine

Wine is a symbol of joy used to sanctify the moment.



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