

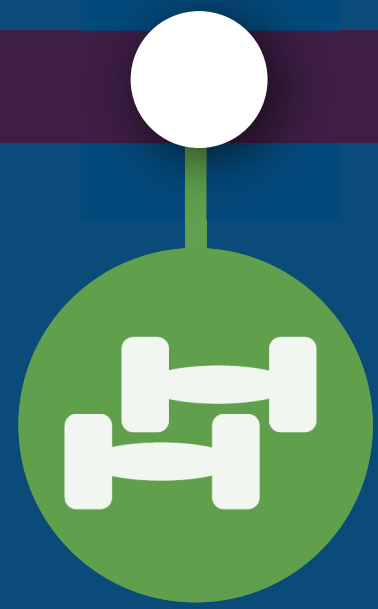
Our Campaign to Re-imagine the JCC



JCC Greater
Boston

George Schultz Fitness Center

January 2019



Wellness Wing

June 2019



Winn Family & Wellness Center

September 2019



Wellness Wing Grand Opening

Try out classes in the new studios, enjoy giveaways, fun raffles and more.

Monday, June 17

- **Breakfast**
8-10am
Community Room
- **Intro to Cycle**
8:45-9:15am
Cycle Studio
- **Tai-Chi & QI Gong Pop-Up**
10:30-11am
Mind Body Studio
- **Total Body & Burn**
7-7:45pm
Fitness Center

Tuesday, June 18

- **Intro to TRX**
8-8:30am
Fitness Center
- **15-minute Pilates equipment demos**
3-4pm
Pilates Studio
- **Intro to Cycle**
6:15-6:45pm
Cycle Studio

Wednesday, June 19

- **15-minute Pilates equipment demos**
9-10am
Pilates Studio
- **Gentle Yoga Pop-Up**
11:30am-12pm
Mind Body Studio
- **Intro to Cycle**
1-1:30pm
Cycle Studio
- **15-minute Pilates equipment demo**
6-7pm
Pilates Studio

Thursday, June 20

- **Barre Fusion Pop-Up**
11-11:30am
Group Fitness Studio
- **Intro to Yoga Pop-Up**
6-6:30pm
Mind Body Studio
- **15-minute Pilates equipment demos**
6-7pm
Pilates Studio

Friday, June 21

- **15-minute Pilates equipment demos**
9-10am
Pilates Studio
- **Pilates Mat Pop-Up**
11-11:30am
Mind Body Studio

Sunday, June 23

- **Intro to Cycle**
7:45-8:15am
Cycle Studio
- **Zumba-thon**
11am-1pm
Gym
- **Sound Healing Workshop**
3-4:30pm
Mind Body Studio