Camp Kingswood Family Guide
Summer 2019

JCC Greater Boston

SUPPORTED BY CJP
Dear Camp Kingswood Families,

Welcome to Summer 2019!

Our team has been working tirelessly to provide an amazing summer experience for your child. As we do every year, we have carefully selected a talented group of leaders to support your camper and create the best summer yet. Together, we have reviewed and updated the entire camp program and continue to be innovative and progressive in our programming.

As many of you know, Kingswood is a diverse Jewish community and we pride ourselves on our commitment to creating a welcoming and inclusive environment. The Kingswood staff will experience intense training to develop their knowledge and skills. This includes a variety of ways to support each camper, keep them engaged and teach them skills, while we live Kingswood’s values. We hope that your child will have one of the best summers of their life and will continue in their personal journey toward discovering their Jewish identity.

We are very happy and extremely honored that you have chosen to join us at Kingswood this summer! We invite your continued feedback, participation and support. Together, we look forward to a healthy, safe, and very successful summer for the entire Kingswood family.

Thank you and we wish you a great summer!

Alicia McGee

Leslie Zide, Executive Director

Alicia McGee, Director
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DATES AND CONTACT INFORMATION

May 5 (2-4pm)  New Camper/Parent Orientation at the Leventhal-Sidman Center, Newton
May 15  Full payment due
May 15  Camper forms due (see checklist for required forms)
July 21 (11am-5pm)  Visiting Day

Session dates
CIT Full summer  June 26-August 14
Full summer  June 26-August 14
5.5 week session  June 26-August 4
Session One  June 26-July 21
Two Week Session One  June 26-July 9
Visiting Day  July 21
Session Two  July 22-August 14
Two Week Session Two  July 22-August 4

Contact information
Summer address  June 12–August 21
JCC Camp Kingswood
104 Wildwood Road
Bridgton, ME  04009
Summer office phone  207-647-3969
Emergency phone  617-862-9513

The best time to call the camp office in Maine is from 9am-5pm. If you reach the voicemail message, please leave a message and your call will be returned as soon as possible. Leslie, Alicia are also available by email, although calling is the best way to get a hold of them as they are out of the office and around camp when camp is in session.

Alicia: amcgee@jccgb.org
Leslie:  lzide@jccgb.org

If you have an emergency, please call 617-862-9513 to reach Alicia and Leslie at any time.

Winter address • open year-round
Camp Kingswood
333 Nahanton Street
Newton, MA 02459
Newton office  617-244-5124
Newton office fax  617-244-1289
The camp office in Newton is open Monday-Friday, 9am-4pm.
GETTING READY FOR CAMP

This is a very exciting time, but can also be overwhelming and stressful for some campers and families. Please read further for information to attempt to make your child’s transition to camp as easy as possible.

Packing

The packing list is included below as well as posted on kingswood.org

We are well aware of how important it is with children to keep up with the latest styles and trends. We do ask for your cooperation, however, in helping your child choose appropriate clothing to bring to camp.

Campers and staff dress informally at Kingswood. Please send clothes that are comfortable, and will hold up in the laundry. Please do not send clothing that if lost or ruined would cause you or your child to be upset. Camp is not responsible for any lost, damaged, misplaced, or stolen items. However, labeling your child’s belongings will assist the Kingswood staff in making sure that lost or misplaced items are returned to the correct camper.

Please do not send clothing that may be seen as provocative or disrespectful. This would include, but would not be limited to, clothing that is too revealing or clothing that allows underwear to show. The Director will use discretion in determining whether an article of clothing or an outfit is inappropriate, and reserves the right to ask a child to change, if necessary.

Packing List

*Suggested apparel and accessories for (one) 3.5 week session. Laundry is done once/week even for our 2 week campers so plan accordingly.*

8-10 short sleeve shirts
2 long sleeve shirts
2 sweatshirts (crew or hooded)
2 pairs of sweatpants
4 pairs of jeans/long pants
6 pairs of shorts
1-2 pairs of sneakers
1-2 nicer outfits for Banquet and Shabbat (for girls a skirt and top or simple dress, for boys a golf shirt or other short sleeved collared shirt and a pair of khaki shorts and or pants)

Undergear
10 pairs of underwear
8-10 pairs of socks
3 sets of pajamas (including flannel pants or boxers)

Bed and bath
1 bathrobe
2-3 bath towels
2 sets of sheets (twin or cot size)
2 pillowcases
1 pillow
1-2 blankets (or one blanket and one sleeping bag)
1 pair of shower sandals
1 shower caddy and toiletries kit—including items such as:
  • soap dish and soap
  • shampoo
  • collapsible cup
  • toothbrush, toothbrush cover, toothpaste and dental floss
  • comb and hairbrush
  • lotion
  • unscented deodorant/antiperspirant
  • lip balm
  • 1-2 tubes of sunscreen
  • 1 bottle of insect repellent

Swimwear
3 bathing suits
2-3 beach towels
1 pair of sandals or water shoes

Outerwear—it can become cold and rainy at camp, so please include warm clothing and rainwear.
1 raincoat with hood
1 fleece
1 mid-weight jacket
1 pair of rain boots (optional)

Camping trips and outdoor gear
1 sleeping bag - REQUIRED
1 flashlight with extra batteries
1 pair of sneakers for hiking
1 water bottle
1 hat
1 backpack or cinch-sack - REQUIRED

Packing gear
2 soft trunks/cargo bags. All bags should be clearly tagged or labeled with your child’s name.

Other
Books
Games (playing cards, crossword puzzles, etc.)
Small battery operated night light
Watch
Stationary, envelopes and stamps
Pens and pencils
Musical instrument if they want to play
White t-shirt for tie-dye and decorating
TALKING TO YOUR CAMPER BEFORE CAMP

New campers/families
Most campers need a few days to adjust to life at camp and being away from home. During this time, signs of homesickness are quite natural, since many campers miss their familiar surroundings. The Kingswood staff provides a strong support system to assist campers in coping with their concerns. Overcoming this adversity is a great thing! Campers gain independence at camp and learn how to overcome challenges.

Here are a few tips:

- **No phones and no calls.** It might sound like a quick phone call with your camper will help, but please trust our experience that it generally makes matters worse. **Please do not send your child to camp with a cell phone** as phones violate the Kingswood summer technology policy and hinders a camper’s ability to fully “arrive” at camp and engage in the camp community.

- **Write letters of support.** If you receive letters with urgent pleas to be picked up, please resist the temptation to “just come get them” and/or to make deals like “if you’re unhappy in two more days, I will come get you”. Instead please send letters of support talking about enjoying camp. Don’t forget, we’re here to support the campers and Kingswood families. If you are concerned, you can always call the Camp Office.

- **Talk with your camper before camp about communication expectations.** Tell them when you’ll be writing and when you will expect them to write.

- **Involve your child in packing for camp.** Talk to them about what they want to bring.

- **Discuss what to do if they feel badly, miss home, or need to talk.** The Kingswood staff will be communication with your family just before the start of each session to introduce themselves. Campers are always encouraged to talk with their counselors about anything and everything. The staff is well equipped to handle most situations and when they can’t, they go to their Unit Heads and the Camp Leadership Team. It feels like one big family and everyone is there to be supportive. Please do not be alarmed if a staff member contacts you about a conversation or situation. Many times they are just giving you a heads up or asking follow up questions to help your child.

Lingo – some words to familiarize you with Kingswood language

- **Secret Beach** - a hidden campground and waterfront on the Kingswood property
- **Gaga** - a game that you have to play to understand. It has been described as an Israeli dodge ball game. We play this game in the Gaga court with smaller groups and in the Old Rec Hall with larger groups.
- **Yalili** - a popular dance brought to Kingswood by Israeli staff
- **Ruach** - Ruach means spirit. On Friday nights the Kingswood evening program is Ruach. This includes cheering, dancing, and singing.
- **Black Pipe Trail** - a trail in the woods connecting the Boy’s Side of camp to the Upper Fields
- **Banquet** - a program run by the CITs at the end of both Sessions One and Two
- **The Log** - one of Kingswood’s biggest traditions, the Log is an actual log that is signed each year by only a few chosen campers and staff
- **Rob’s Team Challenge** - an exciting team competition created and run by Nature Rob
Policies

No technology at camp!
Please do not send your child to camp with a cell phone. CITs are also not allowed to have cell phones. Phones and other prohibited devices brought to camp will be held in the camp office for safe keeping until the end of your child's session. Please allow your camper the luxury of unplugging for the summer. Campers that are flying to camp may bring a phone to contact their parents upon arrival at the airport. The phone will then be turned over to the camp staff and held in the office.

It is important that families understand the Kingswood policy regarding these items. Campers cannot bring any electronics that can connect to the internet and/or make phone calls. Kingswood has a no screen policy—prohibited devices include iPods, iPads, electronic games (Nintendo DS/DSi, Sony PSP, Gameboy, etc.), DVD players, e-readers, Apple watches etc. It is important for campers to be present and interact socially rather than through technology. If your child would like to bring music, please send them with an MP3 player that does not have video capabilities (ex. an iPod shuffle) or a CD player.

Money for canteen
Campers visit the Canteen at least twice per week. We offer a $10 credit/session ($20 for 5.5week/ full summer campers) to be used for items like sunscreen, toothpaste, toothbrushes, and other items that a camper might need. We recommend that families provide campers with an additional $40-$50 (per 3.5 week session) to be used at the Canteen for other items such as candy, games, hats, shirts, etc. Please complete the canteen spending authorization form (see below for information where to find this form) to let us know how much you will allow your child to spend. Families can pre-pay for this via credit card, check, or cash prior to camp. Families can also bring cash only on the first day of camp. This money will be collected that day and will be put in an envelope with your child’s name. The remaining balance will go towards our Kingswood scholarship fund.

Money for trip day
Each session we take a trip to FunTown/SplashTown. All campers will be given $5 to be used for games and/or food. Food is provided at the Kingswood tent at the park, but generally campers want to purchase other items. Many campers bring additional money for this day. This money must be delivered in cash only on the first day of camp, will be put in an envelope with your camper’s name and will be given to the camper when we reach the park.

CITS and 10th graders have an additional trip out of camp. We again will provide food, entry fees, etc. but they may want additional spending money for souvenirs. This is totally up to your discretion. This money will be kept in our office safe.

Behavior
It is never our wish to send a camper home early. However, campers that do not act appropriately will be sent home.

- Possession of alcohol, cigarettes, vapes, illegal drugs, drug paraphernalia, edible marijuana or weapons (including pocket knives) are not permitted.
- Physical behavior that is dangerous to oneself or other campers and staff will not be permitted.
- Kingswood allows individuals to express themselves, however hateful language or symbols will not be tolerated.
- Campers bringing inappropriate material to view or bully other campers will not be tolerated and can be grounds for dismissal.
Purposeful destroying or marking any part of camp property will not be permitted.
Prescription drugs may not be used without the supervision of the nurse.
Leaving camp without permission and entering the side of camp occupied by the opposite sex will not be tolerated.
Sleeping in the same bed as another individual is not permitted.
While relationships grow very strong at camp and it is very natural for campers to be attracted to others, campers that have any clothes off and act intimately in any way may be dismissed from camp.

The Director will immediately notify the parents of a child found in violation of any of these policies. In consultation with the camper, the family, and the staff, the Director will decide upon appropriate action.

The Camper Code of Conduct identifying the characteristics of a successful camper and outlining the above behaviors is one of the forms that is required and must be signed by both the camper and parent/guardian.

Food
We request that families do not provide campers with food and/or send edible items in packages to camp. Sending food to camp can lead to problems of storage, unpleasantness over sharing or not sharing, and antagonism between the “haves” and “have-nots.” Not to mention, we live in the wilderness and animals/critters also love food, especially when it’s in a bunk. Counselors are instructed to collect any such items and we are firm about this. Meals and snacks are planned to include daily fresh fruit and sweet desserts and candy is available for purchase at the canteen two or three times per week. There should be no need for imported goodies. Please note that we do permit campers to have chewing gum at camp. Also, of extreme importance is the issue of food allergies. We ask that you notify your family and friends that may be sending packages to ensure they do not include edible items inside these packages.

Visitors
We limit our visitors during the summer. We ask that family members and/or friends do not visit camp. This not only disrupts camp dynamics, but it also makes Kingswood staff suspicious and puts them on alert. In some cases it can also cause other campers to be homesick. We do, however, look forward to welcoming you on Visiting Day: Sunday, July 21 for campers that are staying 5.5 weeks or full summer.

TRANSPORTATION

Transportation by car
For campers traveling to Camp Kingswood in Bridgton by car, please plan to arrive at camp from 8:30am-10am on the first morning of the session that your child will be attending; June 26 or July 22. Once you have unloaded your child’s belongings, we may ask you to park your car and make room for other families to unload their cars.

For departure from Camp Kingswood by car, please plan on arriving at our gate at 8:45am on the last morning of the session; July 9, July 21, August 4 or August 14. You will be asked to park your car and retrieve your child’s belongings. Please enter the campgrounds slowly as camp may be continuing for other campers. Unfortunately, we cannot allow you to tour the grounds as camp may be in progress.
Transportation by bus
Rashi School, 8000 Great Meadow Road, Dedham, MA
Bus to camp from the Rashi School: June 26 and July 22

Meeting the bus and heading to camp

Please plan to arrive at the bus stop NO LATER THAN 7am at which time staff will assist you with Kingswood's procedure for camper drop-off, luggage removal, check-in, health and wellness screening and getting your child excited to get on the bus to camp. The camp experience begins as they meet other campers their own age and gather in their assigned bus groups. An automated call will be sent once the buses arrive safely at camp.

During the health and wellness screening, in consultation with ACA guidelines, if your child has a fever over 100 degrees, we will ask you to take them home and have them come to camp when they are symptom free for 24 hours. If head lice are found, we will ask that you take your child home to be treated before coming to camp. If nits are found (eggs of unborn lice), we will provide transportation to camp and have the camper treated upon arrival. Their belongings will be sent directly to the laundromat to be treated and you will be billed accordingly for the treatment and the laundry. For more information, please refer to our policy about lice.

Please note forms and full payment must be received by May 15 before campers depart for camp.

Picking your child up from the bus after camp
The bus from camp will arrive at the Rashi School: on July 9, July 21, August 4, and August 14 between 11am and noon at the same parking lot the buses originally departed from.

HEALTH AND WELLNESS

To better serve campers and ensure a more effective and efficient method for dispensing medication to campers, Kingswood is partnering with Hannaford Pharmacy in Bridgton, ME, to provide customized dosing packaging for your child’s summer medication. Hannaford is a full service pharmacy that has been serving our camp families for many years. They will insure that your child's medication is pre-packaged (Camp-Pack) and delivered to camp before your child arrives. Any camper taking scheduled medications throughout the summer must use Hannaford Pharmacy.

All tablet/capsule form medications will be dispensed in individual blister packaging and labeled with the camper's name, medication name, strength and dosing schedule, according to federal and state law.

This type of packaging reduces medication administration errors, and will insure that your camper gets the correct medication at the proper time. Hannaford Pharmacy will not only provide customized packaging, but they also provide all the documentation needed to streamline medication administration at camp, freeing time for camp staff and your child.

Hannaford Pharmacy will coordinate every step of the process, from intake of information, prescription processing, insurance billing, and delivery to Kingswood before your child's session begins. They are very knowledgeable in working with physicians and health insurance companies. Families on Mass Health will not be able to have their child’s prescription filled here! Please have the medication blister packaged at your local pharmacy or contact us with any questions you may have.
Please have your child's physician send prescriptions to Hannaford Pharmacy in Bridgton, ME (this can also be done electronically or by fax (207/ 647-5863). Campers beginning camp on 6/26, please have all prescriptions in by 5/15. For campers beginning camp on 7/22, please have all prescriptions in by 6/15.

**There is no registration fee for Kingswood families.** Should you have any issues registering or need any additional information, please contact Hannaford Pharmacy at 207/ 647-5795 and let them know that you are a Camp Kingswood parent.

*If your child does not require medications as of the time he/she arrive at camp, your compliance with this program and completion of the necessary forms are not required.*

**Lice protocol**
After working with a number of Kingswood families, we have reviewed and updated the policy on how we treat lice at camp. If a camper has lice, they will be treated with medically prescribed shampoo and their belongings will be taken to the laundromat to be cleaned.

Parents/guardians will be contacted prior to any treatment being given. Families will be billed for the treatment and laundry services for their child which may cost $250 or more. We will also check and treat any camper in the child's bunk to contain future outbreaks. Each family in the bunk will be notified if a camper has lice. Please note that the names of campers with lice will not be provided. It is our hope that campers with lice will not be detained from regular camp activities.

We will conduct a health and wellness check for each child upon arrival at camp or at the bus before departing for camp for both a temperature and lice. **We ask that you please check your campers for lice leading up to their departure to camp so that you can treat them ahead of time and not expose any additional campers unnecessarily.**

**Accident and sickness insurance**
In the event that your child should need to visit the camp physician or need prescription medication while at camp, your family health insurance policy will need to cover the cost. Kingswood insurance is the secondary insurer in the event of more serious situations that may require follow-up treatment or hospitalization.

**Health insurance cards**
The Kingswood Health Form requires that you send us a copy of your health insurance card. Please be sure that your family health insurance policy covers your child while at camp. This is especially important with HMO policies. Please provide us with necessary information on your policy regarding x-rays, tests, and prescriptions.

**Emergencies**
You will be notified promptly in an emergency. A phone call will be made by the nursing staff to a camper's parent/guardian if a child is taken to the physician, needs to see a dentist, orthodontist, or specialist, stays overnight in the Health and Wellness Center, goes to the emergency room, runs out of medication, or for any other health related issue that requires further discussion. Parents/guardians may speak with the nursing staff at any time.
FORMS

All forms are due by May 15. All forms must be submitted for each child.

The following forms must be completed ONLINE by May 15. Paper forms are not available.
If your child is also attending Grossman or Kaleidoscope, we understand that you have filled health forms out
for those camps. However, we need you to provide the information online for Kingswood as well. Providing
your child's information online pre-populates into our Health and Wellness Centers' computer system and
allows us to access and address issues much quicker than sorting through paper forms.

- Family Questionnaire 2019
  - Your responses to this questionnaire will help the Kingswood staff ensure your child has a
    successful summer. Please be honest and forthcoming in completing this form.

- Health History-Parent Submission 2019
  - This form provides the Kingswood Nursing Staff with important information about your child so
    that routine care can be provided; grants permission to treat your child in an emergency and
    allows us to administer and dispense medication without interruption or delay. If your child will
    require medications while at camp, we can only dispense medication if this form has been
    completed. **All medications including prescriptions and over the counter, even if taken only as
    needed, must be listed on this form! Please enter this information on the top of page 5.** This
    form gives the Nursing Staff and other medical professionals permission to treat your child
    while at camp.

- Transportation
  - This form details how your child will arrive at camp/depart from camp.

To access and submit these online forms:
1. Kingswood.campintouch.com
2. Log in with the same username and password used when your child was registered
   a. If you do not remember or have this information, please call the camp office (617-558-6527) to
      reset your log-in information
3. Click on “Forms and Downloads”
4. The online forms are listed with a computer screen icon next to them. Click on the name of the form
   you wish to fill out. Form links turn green when successfully completed.

Other forms, including those requiring a physician's signature can be downloaded on the
campintouch site and submitted directly to the Kingswood office.

Please mail, email or fax the following completed forms by May 15 to:
Camp Kingswood
333 Nahanton Street
Newton, MA 02459
Fax: 617-244-1289 (fax)
Email: info@kingswood.org

- Physician Health Form
  - Please print this form and bring it to your child's physician for completion and a signature.
    Included on this form are your child's immunization records and a report from a physical which
    must be completed within 12 months of your child's arrival at camp. If you have a form from
    your doctor's office that includes immunization records, current meds and a statement that
    your child is cleared for school/camp activities, you do not also need the physician health form.
    You can submit a copy of the form from your doctor's office instead.
• Approval for Carrying and Self-Administration of Emergency Medication
  o In accordance with Maine Law 2496, campers are permitted to administer their own emergency medication (i.e., asthma inhalers and Epi Pens). If your child requires these medications, and you would like them to be responsible for carrying and administering this medication while at camp, you and their primary health care provider will need to complete and sign this form.

• Canteen Spending Authorization
  o Please complete this form to authorize additional spending at the canteen for your child. We provide every camper with a $10 credit to spend at canteen for necessities.

• Camper Code of Conduct
• Elective Sheet - form will be available in May for our first session campers to make choices for their first week of camp activities. This form is only available for first session campers beginning camp on June 26. Second session campers will receive the notification to complete this form closer to the start of their session which begins on July 22
  o Elective sheets will not be entered into our system until ALL other forms have been received

CAMP DAYS
Daily schedule
Sunday–Thursday
7:30am    Wake up
8am       Flag raising
8:10am    Breakfast
9am       Cabin clean-up
9:30am    Activity block one
10:40am   Activity block two
11:50am   Activity block three
1pm       Lunch
2pm       Rest hour
3pm       Activity block four
3:50pm    Snack outside the Dining Hall
4pm       Activity block five
5pm       Shower hour
6pm       Flag lowering
6:15pm    Dinner
7pm       Organized free time
7:45pm    Evening activity
9pm       Evening ends based on age groups followed by lights out

Birthdays
Camper’s birthdays are very special events at camp. The camper will have a birthday cake to celebrate with their bunk at either lunch or dinner and then “skip around the room” while singing with their friends. We are happy to accommodate food allergies regarding birthday cake!

Meals
Kingswood provides kosher meals and snacks that are planned to include daily fresh fruit and sweet desserts. Candy is available for purchase at the canteen two or three times per week. Please let us know on the Family Questionnaire if your child has any food allergies. We will establish a time for you to speak with the Kingswood Food Service Manager if needed.
Laundry
Laundry is done weekly and we highly suggest that all clothing be labeled. The camp provides each camper with a laundry bag. We are unable to assume responsibility for lost or damaged items. Sorry, no dry cleaning will be provided.

Special Programs
We have a number of special programs at camp each summer. Part of the fun is getting dressed up for the events. Campers do not need to bring items with them to camp, however returning campers often enjoy adding theme items to their packing list.

Programs/dress-up opportunities may include the following themes: western/country, color war (red, blue, green, white), international, Israel, luau/beach, casino, mustaches, and many other ideas that pop up during camper meetings. A new tradition of Onesie Wednesdays has also taken off with many campers and staff.

Camping trips
Campers may experience at least one outdoor overnight camping experience. Therefore, please send your child with a sleeping bag and a backpack/cinch sack for their belongings. Many campers also use their sleeping bags as comforters on cold nights. Kingswood campers in 10th grade will camp out for two nights each session.

Visiting Day
Sunday, July 21 for 5.5 Weeks and Full Season campers. Begins at 11am
For parents of campers staying for 5.5 weeks and the full season, we encourage you to visit your children on Visiting Day.

Come see what makes Kingswood so special. Tour the camp and then take advantage of visiting the Lakes Region in Maine with your child. We ask that you check out at the Camp Office by noon and please return for a dessert buffet at 4pm. If you choose not to join us for dessert, please have your child back at camp by 5pm. Visiting Day events will conclude at 5pm when we say goodbye to parents and resume the camp schedule.

If you are unable to join us for Visiting Day, the Kingswood staff will take your child out of camp for a special activity. Children may only leave camp with their own families, unless written permission to do otherwise has been received by the Director.

Please let us know your plans by emailing info@kingswood.org

Switching bunks for the next session
Some campers will switch bunks for the next session. Please allow us time to clean, inspect and prepare the bunks. The staff will assist with the transition from one bunk to the next after families have left at the end of the day. We guarantee that their bed will be made and their belongings will be stored as if you put them there.
KEEPING IN TOUCH WITH YOUR CAMPER

Emails, pictures and videos through CampMinder

Several times each week we will upload the latest album of digital pictures to CampMinder for your review (accessible through your CampMinder account). We will also produce a number of videos throughout each session. Please note that while we try to take great photos, it is our goal to get every camper in the albums. As many of you know, this can be difficult as some campers dislike having pictures taken.

We promise that we will work hard to get you pictures of your child.

We also use the same website to allow you to interact with camp and your child throughout the summer. Every parent will have their own account where they will be able to email their child, and see up-to-date photos and videos from the summer. This program will also provide you with the ability to email any photos to your friends and family, buy photos and other photo gifts directly from the website and even spruce up emails to your child with fun stationery or word games.

It’s easy to get started and become part of this exciting online community.

Login instructions
1. Go to the following link: kingswood.campintouch.com
   This will prompt you to enter your email address and password
   Email: Whatever email address you have provided us
   Password: Your password that is associated with the email address referenced above

   Getting help to retrieve your password
   A. If you do not remember your password click the link to retrieve/set password and enter your email address. Click send email.
   B. You will then be notified by CampMinder that a link has been sent to your email. You must access this link from your email within one hour.
   C. After clicking on the link, you will be directed to the security update page where you must select two security questions and provide answers, set and confirm your new password, and agree to the terms of service.
   D. You will now be logged in to your account. If you forget your password, you will be able to retrieve it through the same process, as outlined above.

2. Once you are logged in, you will see the Kingswood online community section where you can submit your required camp forms, view photos, send your camper one-way emails, and read Kingswood weekly online news.

Important CampInTouch features

One-way email
This is where you will be able to email your child. To send emails you must have CampStamps. All emails are limited to 50 lines. Please note: CampMinder's email system only supports English letters. Alphabet characters found in Hebrew, Russian, etc. will show up as "??????" for your camper.
CampStamps
CampStamps are used to send emails to your child and one CampStamp=one email. You can also use your CampStamps for stationery and word games. Different CampStamp packages are available for purchase with a credit card. The packages will rollover from year to year.

Photos
In the photo section, you are able to mark your favorite pictures, email any photo to your friends/family at no charge, download hi-res copies and purchase prints.

Additional features

Guest accounts
You are able to add guest accounts for friends/family (after you login initially) so they can also have the ability to view photos and videos and email your child. We also provide a guest log in information to view photos. That username is: kingswood and the password is: 2019

Other means of communicating with your camper this summer

Letters
We urge you to communicate with your child. Campers love to receive mail especially in an envelope with a stamp! Many parents mail their first letter before the child leaves home. Campers are expected to keep in touch with you and we require that they write home at least twice a week. Please send enough stamps, stationery and pens to accommodate your camper’s needs. Pre-stamped, addressed envelopes or post cards are the easiest for most children. Please be aware that the US Postal Service can take a few days.

Packages
Your children are allowed to receive packages at camp. However, we ask that you do not send any food items to your camper. We also ask that you limit the contents of the packages you send. Chewing gum is allowed.

Please address all camper mail as follows to help us streamline the mail distribution process and make sure your camper receives his/her letters and packages as quickly as possible:

Camper’s name
Camp Kingswood
Bunk Number
104 Wildwood Road
Bridgton, ME 04009

Staff
The Kingswood staff is from around the world and many return year after year. Each staff member is hired to work with various age groups and activity areas. Campers develop strong bonds with their bunk counselors and with many other staff members around camp.

Communication with staff
Bunk Counselors and Unit Heads will communicate with parents at the beginning of each session to introduce themselves. If you need to touch base with staff, we ask that you contact the Camp Office. Counselors and activity staff do not generally have the availability to make calls or speak with families. Usually, we ask the Kingswood Leadership Team and Unit Heads to communicate directly with families.
Post camp communication
Campers often want to keep in touch with staff after camp. We instruct staff to obtain permission from parents/guardians before continuing the relationship beyond camp. In some cases, staff may ask your assistance in limiting the amount of communication from your child. Kingswood campers love the staff and at times don’t allow staff to get back to their lives outside of camp.

Gratuities
Gratuities to staff are accepted and completely voluntary. Amounts vary and are entirely up to you. We ask that if you do give a gratuity, that you do so in an envelope with the name of the recipient and the camper. We also ask that you use cash as many staff travel internationally and do not have local accounts. A suggested amount is $25+/counselor/month and the same for any other staff that you feel has had a significant impact on your child.

Executive Director: Leslie Zide
Director: Alicia McGee
Assistant Director: Julie Zide and Rebecca Karen
Social Worker: Maya Peretzman and Elena Clamen
Director of Inclusion: Amber Ryan and Annette Dzidek(Zohar program)
Director of Special Programs: Rob Willis
Summer Office Manager: Debbi Brown
Registrar: Daria Cohen

If you have any questions before camp, please do not hesitate to contact the Kingswood team at info@kingswood.org

We are looking forward to a great summer 2019!