

Gym Schedule

*Updates occur frequently. Be sure to pick up most current schedule

Mon	Tue	Wed	Thu	Fri	Sat	Sun
5:30am-10am Open Gym	5:30am-7am Adult Open Basketball	5:30am-7am Open Gym	5:30am-6pm Open Gym	5:30am-7am Adult Open Basketball	7:30am-9:30am Open Adult Bball	7:30am-9:30am Open Adult Bball
10am-12pm Open Gym	7am - 10:00pm Open Gym	7am-8:30am Bball Rental ½ Open Gym ½	6:30pm-9:30pm Adult Basketball Leagues	7am-8:30am Open Gym	9:30-5pm Open Gym	9:30am-4pm Open gym
12pm-2:00pm Open Adult Bball		8:30-12pm Open Gym		8:30am-9:30am Fitness Class ½ Open Gym ½		4pm-5pm Basketball Clinic ½
2:00pm-10pm Open Gym		12-2pm Open Adult Bball		9:30am-11am Open Gym ½ Classes ½		Open Gym ½
		2pm-6:30pm Open Gym		11am-12pm Open Gym		
		6:30-9:30pm Adult Basketball Leagues		12pm-1:15pm Open Adult Bball		
				1:15pm-3pm Classes ½ Open Gym ½		
				3pm-6pm Open Gym		
<u>Facility closes at 10pm</u>	<u>Facility closes at 10pm</u>	<u>Facility closes at 10pm</u>	<u>Facility closes at 10pm</u>	<u>Facility closes at 6pm for Shabbat</u>	<u>Facility Closes at 5pm</u>	<u>Facility closes at 5pm</u>



Age Guidelines for Drop-in Play:
Youth Open Gym: up to 13 years old
Open Gym: open facility for general play
Adult Drop-in Basketball: ages 18+

The Gym is unavailable for use
when summer camp, leagues, or special events are scheduled.

All times are approximate and may vary by 15 minutes or more. The JCC
may vary times and days at any point.