



GROUP FITNESS SUBS

December 18 - December 25

Tuesday, December 18

8:30 AM	Yoga	Samantha
9:30 AM	Pilates	Andree
10:30 AM	Slow Flow Yoga	Dan
7:30 PM	Zumba	Agnes

Wednesday, December 19

9:30 AM	Pilates	Andree
6:30 PM	Belly Dancing	Ann
7:00 PM	Cycle	Jay

Thursday, December 20

11:00 AM	Core Strength	Petra
11:00 AM	Pilates Strong	Elda

Friday, December 21

8:30 AM	Zumba	Ketty
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Saturday, December 22

9:00 AM	Pilates	Carlina
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Monday, December 24

8:30 AM	Zumba	Liza
9:30 AM	Tabata	Kristen D.
6:00 PM	20-20-20	Kristen

