



Greater Boston Community Resource Guide

Families with Young Children

Community and Online Resources

- The [JCC of Greater Boston](#) organizes events, programs, and activities that help families connect with the Jewish community and bring Jewish life into their own homes
- [Pomi](#) is a mobile truck that brings together families to build community and help navigate familyhood through a Jew-ish lens.
- [Combined Jewish Philanthropies \(CJP\)](#) connects Greater Boston's Jewish people to each other and to Israel, summer camps, and to learning opportunities and volunteer and service projects
- [Gateways: Access to Jewish Education](#) provides Jewish learning programs for students of all abilities and with a wide range of learning needs
- [IAC New England](#) provides a range of innovative programming to engage and build community for Israeli-Americans and the Jewish community
- [Jewish Family & Children's Service \(JF&CS\) Center for Early Relationship Support](#) provides direct services, training, and consultations that focus on the earliest infant-parent relationship
- [Jewish Arts Collaborative](#) offers events and workshops on Jewish arts and culture
- [JewishBoston.com](#) gathers recipes, blogs, DIY projects, family friendly events, and young adult meet-ups details and has a weekly "Plus Kids" newsletter for families with young children
- [Keshet](#) works for full LGBTQ equality and inclusion in Jewish life
- [PJ Library](#) delivers free, high-quality Jewish children's books or music monthly to families with children ages six months through six years old
- [Welcome Baby](#) connects you and your baby to the Boston Jewish community with a visit, a gift tote, and community resource referrals

Interfaith Family Resources

- [18Doors](#) posts blogs and e-newsletters, provides referrals, and offers activities for interfaith families
- [Jewish Discovery Institute \(Conservative\)](#) provides classes and workshops for interfaith couples and others interested in learning about Judaism, including a meaningful conversion program
- [Union for Reform Judaism \(URJ\)](#) offers classes and workshops in partnership with area Reform synagogues for couples and individuals in interfaith relationships who want to explore or learn more about Judaism

New Parent Education Resources

- [Mom Life Health](#)
- [North Suburban Child and Family Resource Network](#)
- [New Mom Health](#)
- [One tough job](#)

New Parent Support

- [4th Trimester New Moms Group](#) - Arlington
- [Boston Birth Village](#) - Newton
- [Camberville Mama and Baby Group](#) - Inman Square

- [Dawn Ellis Groups](#) - Needham
- [Emotions in Motion](#) - Natick
- [Little Cocoa Bean](#) - Jamaica Plain
- [Little Lovage Club](#) - Downtown
- [Mount Auburn Postpartum Support Group](#) - Waltham
- [Muscle and Flow](#) - Milton
- [Stork Ready](#) - Reading
- [Summer Health](#) - Virtual

Parent/Adult Learning

- CJP and [Hebrew College](#) offer options for every adult learner:
 - [Me'ah](#) - A two-year in-depth curriculum that provides understanding and insight into Jewish texts, thought, history, and culture with master teachers
 - [Open Circle Jewish Learning](#) - Jewish learning when you want it, at your pace, and on topics you want to learn about
 - [Parenting Through a Jewish Lens](#) - Classes for parents that explore values through rich conversations with other parents on topics that matter, from toddlers to the teen years
- [Jewbelong](#)

Social Services

- [CJP's Path to Wellbeing](#) is a no-cost, virtual program to support your mental health
- [CJP Warmline](#) connects callers with one confidential phone call to multiple Jewish social service agencies, including those that address immediate needs like food, heat, employment, and housing
- [Jewish Family & Children's Service \(JF&CS\)](#) provides a broad range of services for families, seniors, people with disabilities, and people in need
- [Jewish Vocational Service](#) helps individuals find employment and build careers

Breastfeeding & Parent

- [BabyCafe](#)
- [Brazelton Touchpoints](#)
- [Bumps, Babies & Beyond Program](#)
- [LaLecheLeague](#)
- [NAPS Newborn & Parenting Support](#)
- [Nursing Mothers Council](#)

Volunteer Opportunities

- [CJP Hineni](#)
- [Friendship Circle of Sharon](#)
- [JF&CS Volunteer Opportunities](#)