

SEPTEMBER 2011

SUN	MON	TUE	WED	THU	FRI	SAT
18	19 SEASON BEGINS Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6:30-8:15pm	20 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6-6:30pm Dryland: 6:30-8:15pm	21 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6:30-8:15pm	22 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6-6:30pm Dryland: 6:30-8:15pm	22 Adv. Gold/Senior: 4-4:45pm Dryland: 4:45-5:45pm	24
18 ALL GROUPS 3:15-4:45pm Regis College	26 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6:30-8:15pm Informational College Swimming Speech by Mike Kotch (Brandeis Head Coach) for upper level swimmers 7:30-8:30pm	27 Swim Suit Sizing from 5-6:30pm in pool lobby area and Mandatory Parents Meeting at 6:30pm in Room 409 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6-6:30pm Dryland: 6:30-8:15pm	28 EREV ROSH HASHANAH NO PRACTICE	29 ROSH HASHANAH NO PRACTICE	29 ROSH HASHANAH NO PRACTICE	



OCTOBER 2011

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2 ALL GROUPS 3:15-4:45pm Regis College	3 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6:30-8:15pm	4 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6-6:30pm Dryland: 6:30-8:15pm	5 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6:30-8:15pm	6 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6-6:30pm Dryland: 6:30-8:15pm	7 EREV YOM KIPPUR NO PRACTICE	
9 ALL GROUPS 3:15-4:45pm Regis College	10 Columbus Day Clinic 9-12pm (10 & Under) or 1-4pm (11 & Up) NO REGULAR	11 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6-6:30pm Dryland: 6:30-8:15pm	12 EREV SUKKOT NO PRACTICE	13 SUKKOT NO PRACTICE	14 SUKKOT NO PRACTICE	
16 ALL GROUPS 3:15-4:45pm Regis College	17 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6:30-8:15pm	18 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6-6:30pm Dryland: 6:30-8:15pm	19 EREV SHEMINI ATZERET NO PRACTICE	20 SHEMINI ATZERET NO PRACTICE	21 SIMCHAT TORAH NO PRACTICE	22 US Swim Meet @ Keefe Tech Time TBA
23 US Swim Meet @ Keefe Tech Time TBA	24 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6:30-8:15pm	25 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6-6:30pm Dryland: 6:30-8:15pm	26 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6:30-8:15pm	27 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6-6:30pm Dryland: 6:30-8:15pm	28 Adv. Gold/Senior: 4-4:45 Dryland: 4:45-5:45pm	
30 NO PRACTICE	31 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6:30-8:15pm					



NOVEMBER 2011

SUN	MON	TUE	WED	THU	FRI	SAT
		1 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6-6:30pm Dryland: 6:30-8:15pm	2 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6:30-8:15pm	3 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6-6:30pm Dryland: 6:30-8:15pm	4 Adv. Gold/Senior: 4-4:45 Dryland: 4:45-5:45pm	5 US Swim Meet @ Salem State Time TBA
6 US Swim Meet @ Salem State Time TBA	7 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6:30-8:15pm	8 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6-6:30pm Dryland: 6:30-8:15pm	9 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6:30-8:15pm	10 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6-6:30pm Dryland: 6:30-8:15pm	11 Veteran's Day Clinic 9-12pm (10 & under) or 1-4pm (11 & up) NO REGULAR PRACTICE	12
13 JCC Swim Meet vs North Shore @ Marblehead JCC Time TBA	8 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6:30-8:15pm	15 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6-6:30pm Dryland: 6:30-8:15pm	16 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6:30-8:15pm	17 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6-6:30pm Dryland: 6:30-8:15pm	18 Adv. Gold/Senior: 4-4:45 Dryland: 4:45-5:45pm	19 US Swim Meet @ Salem State Time TBA
20 US Swim Meet @ Salem State Time TBA	21 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6:30-8:15pm	22 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6-6:30pm Dryland: 6:30-8:15pm	23 EREV THANKSGIVING NO PRACTICE	24 EREV THANKSGIVING NO PRACTICE	24 THANKSGIVING BREAK NO PRACTICE	26
27 THANKSGIVING	28 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6:30-8:15pm	29 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6-6:30pm Dryland: 6:30-8:15pm				

DECEMBER 2011

SUN	MON	TUE	WED	THU	FRI	SAT
					2 Adv. Gold/Senior: 4-4:45 Dryland: 4:45-5:45pm	3
4 JCC Swim Meet vs Springfield @ Springfield JCC Time TBA	5 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6:30-8:15pm	6 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6-6:30pm Dryland: 6:30-8:15pm	7 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6:30-8:15pm	8 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6-6:30pm Dryland: 6:30-8:15pm	9 Adv. Gold/Senior: 4-4:45 Dryland: 4:45-5:45pm US Swim Meet @ MIT, Time TBA	10 US Swim Meet @ MIT, Time TBA
11 US Swim Meet @ MIT, Time TBA	12 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6:30-8:15pm	13 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6-6:30pm Dryland: 6:30-8:15pm	14 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6:30-8:15pm	15 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6-6:30pm Dryland: 6:30-8:15pm	16 Adv. Gold/Senior: 4-4:45 Dryland: 4:45-5:45pm	17
18 JCC Swim Meet vs North Shore @ Marblehead JCC Time TBA	19 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6:30-8:15pm	20 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6-6:30pm Dryland: 6:30-8:15pm	21 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6:30-8:15pm	22 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6-6:30pm Dryland: 6:30-8:15pm	23 Adv. Gold/Senior: 4-4:45 Dryland: 4:45-5:45pm	24
25 NO PRACTICE	26 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6:30-8:15pm	27 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6-6:30pm Dryland: 6:30-8:15pm	28 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6:30-8:15pm	29 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6-6:30pm Dryland: 6:30-8:15pm	30 Adv. Gold/Senior: 4-4:45 Dryland: 4:45-5:45pm	31



JANUARY 2012

SUN	MON	TUE	WED	THU	FRI	SAT
1 NO PRACTICE	2 NO PRACTICE	3 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6-6:30pm Dryland: 6:30-8:15pm	4 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6:30-8:15pm	5 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6-6:30pm Dryland: 6:30-8:15pm	6 Adv. Gold/Senior: 4-4:45 Dryland: 4:45-5:45pm US Swim Meet @ BU, Time TBA	10 US Swim Meet @ BU, Time TBA
8 US Swim Meet @ BU, Time TBA	9 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6:30-8:15pm	10 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6-6:30pm Dryland: 6:30-8:15pm	11 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6:30-8:15pm	12 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6-6:30pm Dryland: 6:30-8:15pm	13 Adv. Gold/Senior: 4-4:45 Dryland: 4:45-5:45pm US Swim Meet @ MIT, Time TBA	14 US Swim Meet @ MIT, Time TBA
15 US Swim Meet @ MIT, Time TBA	16 MLK Day Clinic 9am-12pm (10 & under) or 1-4pm (11 & up) NO REGULAR PRACTICE	17 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6-6:30pm Dryland: 6:30-8:15pm	18 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6:30-8:15pm	19 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6-6:30pm Dryland: 6:30-8:15pm	20 Adv. Gold/Senior: 4-4:45 Dryland: 4:45-5:45pm	21
22 JCC Swim Meet vs North Shore @ Marblehead JCC Time TBA	23 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6:30-8:15pm	24 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6-6:30pm Dryland: 6:30-8:15pm	25 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6:30-8:15pm	26 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6-6:30pm Dryland: 6:30-8:15pm	27 NO PRACTICE US Swim Meet @ Salem State Time TBA	28 US Swim Meet @ Salem State Time TBA
29 US Swim Meet @ Salem State Time TBA	30 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6:30-8:15pm	31 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6-6:30pm Dryland: 6:30-8:15pm				

FEBRUARY 2012

SUN	MON	TUE	WED	THU	FRI	SAT
			1 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6:30-8:15pm	2 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6-6:30pm Dryland: 6:30-8:15pm	3 Adv. Gold/Senior: 4-4:45 Dryland: 4:45-5:45pm	4
5 JCC Swim Meet vs North Shore @ Marblehead JCC Time TBA	6 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6:30-8:15pm	7 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6-6:30pm Dryland: 6:30-8:15pm	8 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6:30-8:15pm	9 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6-6:30pm Dryland: 6:30-8:15pm	10 NO PRACTICE US Swim Meet Regionals @ Keefe Tech, Time TBA	11 US Swim Meet Regionals @ Keefe Tech, Time TBA
12 US Swim Meet Regionals @ Keefe Tech, Time TBA	13 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6:30-8:15pm	14 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6-6:30pm Dryland: 6:30-8:15pm	15 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6:30-8:15pm	16 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6-6:30pm Dryland: 6:30-8:15pm	17 Adv. Gold/Senior: 4-4:45 Dryland: 4:45-5:45pm	18
19 JCC Swim Meet vs Worcester @ Worcester JCC Time TBA	20 President's Day Clinic 9am-12pm (10 & under) or 1-4pm (11 & up) NO REGULAR PRACTICE	21 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6-6:30pm Dryland: 6:30-8:15pm	22 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6:30-8:15pm	23 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6-6:30pm Dryland: 6:30-8:15pm US Swim Meet 12 & under in Vermont Time TBA	24 Adv. Gold/Senior: 4-4:45 Dryland: 4:45-5:45pm US Swim Meet 12 & under in Vermont Time TBA	25 US Swim Meet 12 & under in Vermont Time TBA
26 US Swim Meet 12 & under in Vermont Time TBA	27 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6:30-8:15pm	28 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6-6:30pm Dryland: 6:30-8:15pm	29 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6:30-8:15pm			



MARCH 2012

SUN	MON	TUE	WED	THU	FRI	SAT
				1 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6-6:30pm Dryland: 6:30-8:15pm	2 Adv. Gold/Senior: 4-4:45 Dryland: 4:45-5:45pm US Swim Meet 13-19 Age Groups Time/Place TBA	3 US Swim Meet 13-19 Age Groups Time/Place TBA
4 US Swim Meet 13-19 Age Groups Time/Place TBA	5 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6:30-8:15pm US Swim Meet 13-19 Age Groups Time/Place TBA	6 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6-6:30pm Dryland: 6:30-8:15pm	7 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6:30-8:15pm	8 Novice: 5-6pm Gold: 5-6:30pm Adv. Gold/Senior: 6-6:30pm Dryland: 6:30-8:15pm	9 Adv. Gold/Senior: 4-4:45 Dryland: 4:45-5:45pm	10
11 JCC Champs @ Hartford JCC Time TBA	12	13 Swim Banquet Time TBA	14	15	16	17
18	19	20	21	22	23	24
25	26 SPRING SEASON BEGINS!	27	28	29	30	31

